

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-family: cursive;">March 2023</h1> <h2>Activities and Wellness Calendar</h2>						
			<b>10am Pickleball Play</b> 1 <b>2pm Hula Lessons KFC</b> <b>3:30pm Bingo Eglin AFB***</b> <b>3pm-6pm My Ohana P</b>	<b>2</b> Don't forget to turn in your high school photo to Wellness for the "Guess your neighbor" competition.	<b>3</b> <b>10am Pickleball Play</b> <b>11am Blood Pressure Checks Lobby</b> <b>11am-1pm Mel's Produce BR</b>	<b>4</b> <b>8am, 12pm, 6pm</b> <i>Dr. Seuss' Horton Hears a Who!</i>
<b>5</b> <b>8am, 12pm, 6pm</b> <i>Dr. Seuss' Horton Hears a Who!</i>	<b>6</b> <b>9am-1pm AARP Tax Aid GR***</b> <b>10am Pickleball Play</b> <b>2pm Bible Study with Chaplain Tom Azar V5</b> <small>Purim Begins</small>	<b>7</b> <b>11am Piano Pam BR</b> <b>1pm Meditation &amp; Wellness GR</b> <b>2pm Balance Class KFC</b>	<b>8</b> <b>2pm Easter Basket Making for Children in Crisis BR***</b> <b>3:30pm Bingo Eglin AFB***</b>	<b>9</b> <b>12pm Garden Club G</b> <b>3pm Activities Meeting BR</b>	<b>10</b> <b>9am Tole Painting GB***</b> <b>10am Coffee Talk KFC***</b> <b>10am Pickleball Play</b> <b>1pm Bell Chimes Concert HH</b>	<b>11</b> <b>8am, 12pm, 6pm</b> <i>Avatar</i> <b>8am – 12pm AFSA Car Wash RV Lot</b>
<b>12</b> <b>8am, 12pm, 6pm</b> <i>Avatar</i> <b>2pm Emerald Coast Community Band BR***</b> <b>2:30 Peter Pan NWF Ballet Niceville\$***</b> <small>Daylight Saving Time Begins</small>	<b>13</b> <b>9am-1pm AARP Tax Aid GR***</b> <b>10am Pickleball Play</b> <b>2pm Bible Study with Chaplain Tom Azar V5</b> <b>2pm Trivia with Johnny C BR***</b>	<b>14</b> <b>1pm Meditation &amp; Wellness GR</b> <b>2pm Balance Class KFC</b>	<b>15</b> <b>10am Pickleball Play</b> <b>10am Sun Crest Omni – Brain Games KFC</b> <b>2pm Hula Lessons KFC</b> <b>2:30pm Resident Council BR</b> <b>3:30pm Bingo Eglin AFB***</b> <b>3pm – 6pm Tiana's Lunchbox P</b>	<b>16</b> <b>1pm Card Making Class KFC***</b>	<b>17</b> <b>9am Duffy's Shamrock Shuffle 1 Mile Fun Run/Walk P***</b> <b>10am Pickleball Play</b> <b>11am Blood Pressure Checks Lobby</b> <b>11am Grief Support GR</b> <b>3pm-5pm Happy Hour BR***</b> <small>St. Patrick's Day</small>	<b>18</b> <b>8am, 12pm, 6pm</b> <i>City of Angels</i>
<b>19</b> <b>8am, 12pm, 6pm</b> <i>City of Angels</i>	<b>20</b> <b>9am-1pm AARP Tax Aid GR***</b> <b>10am Pickleball Play</b> <b>10:30am Women's Vet Group S</b> <b>2pm Bible Study with Chaplain Tom Azar V5</b> <b>3pm Movie Monday! Knives Out BR***</b> <small>Spring Begins</small>	<b>21</b> <b>1pm Meditation &amp; Wellness GR</b> <b>2pm Balance Class KFC</b> <b>5pm Dinner Outing Pepper's Mexican Grill \$***</b>	<b>22</b> <b>10am Pickleball Play</b> <b>2pm Hula Lessons KFC</b> <b>3:30pm Bingo Eglin AFB***</b> <small>Ramadan Begins</small>	<b>23</b> <b>9am Shopping Trip Oak Creek Shopping Center Niceville\$***</b> <b>1pm Healthy Day Brief Topic: TBD KFC</b>	<b>24</b> <b>10am Pickleball Play</b> <b>11:30am Book Club KFC</b>	<b>25</b> <b>8am, 12pm, 6pm</b> <i>A Knight's Tale</i>
<b>26</b> <b>8am, 12pm, 6pm</b> <i>A Knight's Tale</i> <b>1:30pm Ice Flyers Game Pensacola\$***</b>	<b>27</b> <b>9am-1pm AARP Tax Aid GR***</b> <b>10am Pickleball Play</b> <b>2pm Bible Study with Chaplain Tom Azar V5</b> <b>2:30pm What are the new frauds and scams by Sherriff Bailey KFC***</b>	<b>28</b> <b>1pm Meditation &amp; Wellness GR</b> <b>2pm Balance Class KFC</b> <b>2pm Music Bingo BR***</b>	<b>29</b> <b>10am Pickleball Play</b> <b>11am-1pm Bunny Gram Sales VITAS BR \$</b> <b>2pm Hula Lessons KFC</b> <b>3:30pm Bingo Eglin AFB***</b> (Competition) <b>Grab an entry form from the Wellness Office.</b>	<b>30</b> <b>1:30pm Bunco sponsored by Sharon in the Beauty Salon KFC***</b>	<b>31</b> <b>10am Pickleball Play</b> <b>11am-1pm Bunny Gram Sales VITAS BR \$</b>	<b>Key: BR</b> Ballroom   <b>P</b> Commons Parking Lot   <b>CP</b> Commons Pool   <b>GR</b> Game Room   <b>GB</b> Gates Building   <b>S</b> Sophie Room   <b>HH</b> Hawthorne House   <b>G</b> Garden   <b>KFC</b> Kellogg Fitness Center <b>*** Sign Up Required \$ Fee</b>

